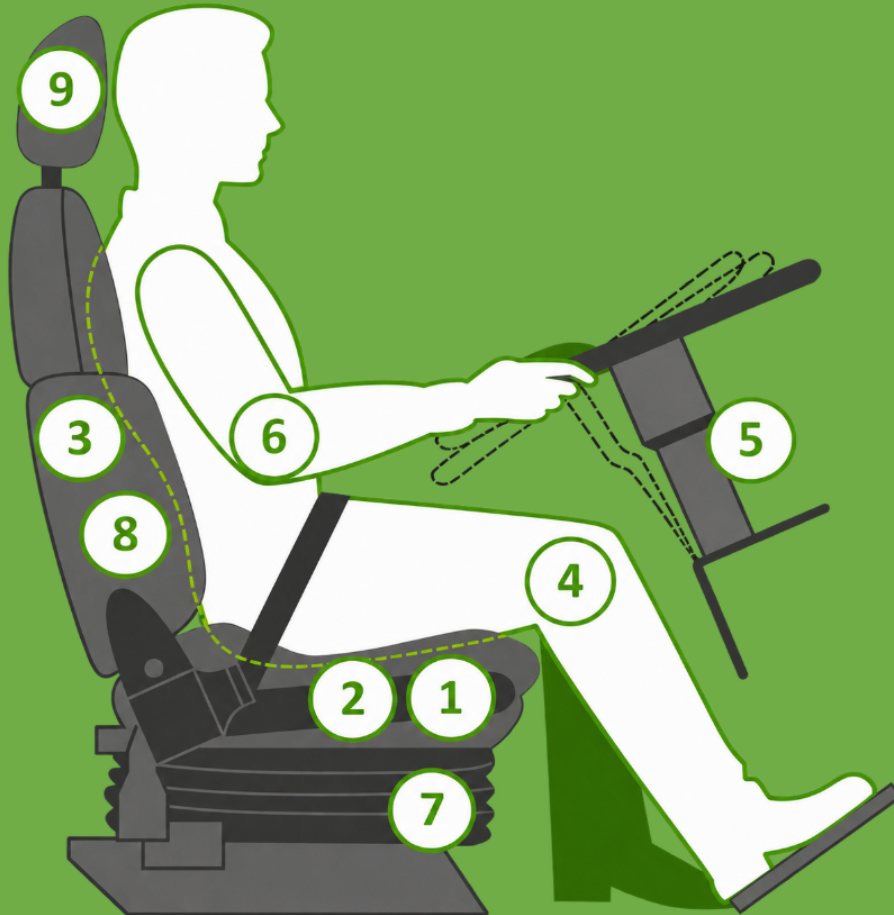




Driving Position Adjustment



- 1 Seat Depth and Tilt:**
Find the ideal balance between:
 - Leave a 2- to 3-finger gap between the edge of the seat and the back of the knee;
 - Keep the seat tilt to a minimum.
- 2 Seat Height:**
Adjust the seat height so that your thighs are parallel to the floor.
- 3 Backrest Angle:**
Adjust the backrest to an angle between 95° and 110°.
- 4 Fore-aft Seat Adjustment:**
Maintain a knee angle between 95° and 135° when operating the pedals.
- 5 Steering Wheel Depth and Tilt:**
Adjust the steering wheel position to keep your elbows as close to your body as possible, with your hands at the 8 and 4 o'clock positions. Your elbows should be at approximately 90°, and your upper arms should remain at an angle of less than 30° from your torso.
- 6 Armrests:**
Adjust the height so that your forearms are supported, your elbows are at approximately 90°, and your shoulders are relaxed.
- 7 Suspension:**
Adjust the seat suspension travel according to your body type and comfort.
- 8 Lumbar Support:**
Adjust the lumbar support for comfort. It should provide support without putting pressure on the lower back.
- 9 Headrest:**
Adjust the height of the headrest so that your eyes are level with the center of the headrest.